

# Department of Mental Health Adult Mental Health System of Care

## Community Mental Health

*Providing an array of service and supports to adults seeking mental health services*

### Services

- Individual, family, and group therapy
- Medication and medical consultation
- Clinical assessment
- Service planning and coordination
- Community supports
- Employment services
- Housing and home supports
- Group residential living
- Individual support throughout the continuum of care
- Peer programming

### Programs

- Community Rehabilitation and Treatment
- Adult Outpatient

## Emergency Mental Health

*Providing services and supports to adults in crisis*

### Services

- Mobile Crisis
- Crisis assessment, support, and referral
- Continuing education and advocacy

### Programs

- Emergency Mental Health
- Team Two

**Crisis Beds Programs** – providing extra support to adults in crisis to prevent hospitalization

**Inpatient Hospitalization** – providing service to adults at risk of harm to self or others

**Intensive Residential Programs** – providing additional services to adults recently discharged to support recovery

**Secure Residential Program** – providing services to adults to support recovery in a secure environment

**Peer Run Residential Programs-** providing individual support throughout the continuum of care

## Color Legend

**Department of Mental Health (DMH)**

### Designated Agencies

private, non-profit service providers that are responsible for ensuring needed services are available through program delivery, local planning, service coordination, and monitoring outcomes within their geographic region.

### Specialized Services Agencies

private, non-profit service providers that provide a distinctive approach to service delivery and coordination or provide services that meet distinctive individual needs.

### Private Providers

Psychiatrists, Psychologist, Nurse Practitioners, Social Workers, Physician Assistants, Licensed Mental Health Clinicians, Community Hospitals